

DCCX Technical Guide 2018

Saturday, October 20, and Sunday, October 21
Armed Forces Retirement Home
Washington, DC USA

Presented by DCMTB and Crosshairs Cycling

Race email: dccx@dccxrace.com

THE EVENT

2018 marks the 12th anniversary of DCCX and the third year with UCI Elite races. DCCX is rounds 3 and 4 of the Union Craft Brewing Parkway CX Trophy series. DCCX is a Category 2 UCI and USA Cycling cyclocross event. The event will be held under UCI regulations and USA Cycling **Permit # 2018-2752**. UCI scale of penalties and USAC penalties will apply.

THE VENUE

DCCX is held on the historic grounds of the Armed Forces Retirement Home, the site of President Lincoln's Summer Cottage and a residential community for United States veterans since 1851.

REGISTRATION

Online Registration is available at www.bikereg.com and closes on Wednesday, October 17, at 08:00 pm Eastern.

Online Registration Fees*:

- \$50 for UCI Elite events
- \$20 for U19 Juniors
- \$20 for younger Juniors
- \$40 for all other events
- Lil' Belgians (Kids' Fun Race) is free

*There is an additional, nominal fee to register online with BikeReg

No mail-in registration and No Refunds

On-Site Late Registration may be available for non-UCI classes in some classes, subject to field size limits. There is a **\$10 same-day registration fee**. The \$10 same-day fee does not apply to registered racers adding an additional event on race day, or to racers added from the waitlist.

All UCI racers must pre-register at www.Bikereg.com.

UCI racers must pick up their bib numbers at least **60 minutes** prior to start.

1 free race entry is available to current USA CX National Champions competing in the same category they won at Nationals.

On-site registration and packet pick-up will open at 7:15 am on each race day.

Amateur racers must pick up their bib numbers at least **30 minutes** prior to race time- if the field is over-full, spots will be offered to races on the waitlist at this time.

LICENSING REQUIREMENTS

UCI Elite Men and UCI Elite Women must have a current International License. A domestic USAC license is acceptable for all other categories. All racers must have a current cycling license.

Annual and One Day USAC licenses will be available for sale at the registration tent. Only Cat 5 men and Cat 5 women may race on a one-day license.

NOTE ON RACING AGE: Your cyclocross racing age is your age as of December 31, 2019 (not 2018).

RACE SCHEDULE (both days)

Start	Category	Duration	Entry	Prizes	Field	Limit
8:15 a.m.	Junior Boys (13-14)	30 min	\$20	Podium		100
8:16 a.m.	Junior Girls (13-14)	30 min		\$20 Podium		100
8:17 a.m.	Junior Boys (11-12)	2 laps	\$20	Podium		100
8:18 a.m.	Junior Girls (11-12)	2 laps	\$20	Podium		100
8:19 a.m.	Junior Boys (9-10)	2 laps	\$20	Podium		100
8:20 a.m.	Junior Girls (9-10)	2 laps	\$20	Podium		100
9:00 a.m. 150	Beginner Men (4/5)	40 min		\$40 3 deep		
10:00 a.m. 150	Masters Men 40+ (3/4/5)	40 min		\$40 3 deep		
11:00 a.m. 150	Category 2/3 Women	45 min		\$40 3 deep		
11:01 a.m. 150	Masters Women 40+ (1/2/3/4)	45 min		\$40 3 deep		

11:02 a.m. 150	Junior Women (U19)	40 min	\$20	3 deep
11:03 a.m. 150	Beginner Women (4/5)	40 min	\$40	3 deep
12:00 p.m.	Lil Belgians		\$0	Something for all
12:00 p.m. 150	Masters Men 50+ (1/2/3/4)	45 min	\$40	3 deep
12:01 p.m. 150	Junior Men (U19)	45 min	\$20	3 deep
12:02 p.m. 150	Masters Men 60+ (1/2/3/4)	45 min	\$40	3 deep
1:00 p.m. 150	Masters Men 40+ (1/2/3/4)	45 min	\$40	3 deep
1:01 p.m. 150	Singlespeed Men (1/2/3/4)	45 min	\$40	3 deep
1:02 p.m. 150	Singlespeed Women (1/2/3/4)	45 min	\$40	3 deep
2:15 p.m. 150	Category 2/3 Men	45 min	\$40	3 deep
3:15 p.m.	UCI Elite Women	50 min	\$50	UCI C2-20 deep 135
4:15 p.m.	UCI Elite Men	60 min	\$50	UCI C2-20 deep 135

Rules and Regulations

This is a Category 2 UCI and USAC event held under UCI regulations and USAC permit 2018-2752. The event will run rain or shine. Races are held on a traditional cyclocross course with pavement, grass, hills, gravel, man-made barriers, and one double pit area. All races except UCI C2 Elites count for Union Craft Brewing Parkway CX Trophy series points. There will be no separate payout for the U23 Men and U23 Women racing in the UCI categories.

Your racing age is your age on December 31, 2019 (not 2018). Racers must be 9 years of age or older, except for the "Lil' belgians" kids race.

Registration

PLEASE PRE-REGISTER AT BIKEREG.COM (additional fee charged by BikeReg). **Online registration closes Wednesday, October 17 at 08:00 p.m. Eastern.** No refunds. There is **no** day-of registration for UCI races. UCI racers must pick up their bib numbers at least 60 minutes prior to start. A \$10 fee will be added to adult entries purchased on race day, if available. Combined fields limits are a maximum of 150 racers on course. Bib number pick-up /waiver

signing and day-of registration is at the race venue, and closes 30 minutes prior to each start time for amateur races. Second and subsequent race entries on the same day can be purchased at a \$10 discount (refunded on bikereg.com).

Licensing Requirements

UCI Elite Men/U23 Men, UCI Elite Women/U23 Women must have a current international license. A domestic USAC license is acceptable for all other races. Annual and one-day USAC licenses may be purchased at usacycling.org and will also be for sale at registration. One-day licenses are available for \$10 or \$25 on race day depending on your skill level and/or category.

Details on USAC one-day licenses can be found here:

<https://www.usacycling.org/get-involved/membership/one-day-licenses>

Rider staging

Start Line Protocol

Racers must report to the holding pen adjacent to the starting grid for staging 15 minutes before the start of their race. If you arrive late you will be staged at the back.

Call-Up Protocol

Staging Procedure: Riders shall be staged by the rider's assigned bib number. Walk-up riders will be assigned remaining bib numbers on a first come, first served basis. All riders will line up in the order of their numbers, filling gaps as allowed by the officials/callers. Staging will fill the start grid as specified in the USAC rulebook start grid.

Staging Order: Staging Order will be based on the most recent Cross-Results ranking and Parkway CX Trophy (Series) standings, using the following criteria:

1. The top 4 **pre-registered** riders with points will be staged on the grid, by bib number, in position corresponding to their ranking in the Series standings (races 2-4).
2. Remaining riders will be staged by CrossResults.com ranking.
3. All categories will reserve four spots in the third row, which are to be used for promoters' discretion call-ups.
4. The first race of each year shall stage racers by their CrossResults.com ranking.

Those classes consisting of only cat 5 men or cat 4 women are staged by order of registration, as indicated in the race flier.

Series Scoring and Leaders Jerseys: At each race, riders use the better of their actual finish time (if on lead lap) or winner's time + 5 minutes (i.e. a rider that finishes more than 5' after the winner, gets lapped, gets pulled, or is a DNF or DNS gets the winner's time + 5'. Times are recorded to the nearest Second).

Bonus times deducted for podium finishers: first = 15 seconds, second = 10 seconds, third = 5 seconds

The series champion will be determined by the lowest cumulative sum of the 4 races to determine finishing order.

In case of a tie in cumulative time, finish order at the last race in the mini-series determines order in the series standings among those with identical times. 2nd tie-breaker, finishing order at penultimate race, etc.

A leaders jersey will be awarded after each race to be worn at the following race. The rider with the lowest cumulative time after the latest race wears the jersey (with the same tie-breaker)

The series races may offer intermediate sprint time bonuses, e.g. after 1.5 laps.

UCI Elite Men and Women: Bib numbers will be assigned by UCI points, followed by random order.

Contact information

Please visit our website dccxrace.com for additional information and details. Or you may contact us by email at dccx@dccxrace.com.

The raceday entrance to the Armed Forces Retirement Home is at 324 Rock Creek Church Road NW, Washington, DC 20011.

COURSE DESCRIPTION

DCCX races are on a traditional cyclocross course with pavement, brick, grass, hills, gravel, a man-made barrier, stairs, and one double pit area.

DCCX 2018 course description- Day 1.

The DCCX course layout is approximately 3.3km long, plus an additional starting straight of approximately 100m. The total length of the start is approximately 200m and at least 6m wide, using all or part of a paved road (blue track). While on the start, racers pass the finish line/officials (marked with black line on map), then make a gradual turn to an uphill grass section that runs along the main venue area. Terrain is on an inclined and the track has a series of turns along with elevation changes. After passing the venue area on the uphill (right of map) side, the track enters the "W" section, a series of challenging turns on a steep hill, intersperse with one set of man-made barriers. After a road section and hilly terrain, the racers cross a road to a large, flat pit. The track returns to a hilly section that includes a short steep hills, dusty steep drop and set of stairs that compel riders to dismount, and a series of off-camber turns leading to

a road to the back section of the course. After the road, there is small wooded section followed by a series of turns on grass to an extended inclined grass straightaway. In the north end of the back section, there is a series of small, steeper hills, and a couple off-camber turns leading to a slight uphill road section. This leads to the 2nd pass thru the pit area and on to the start/finish strip (blue track on the map) to the finish line.

Note: **Course details are subject to change**



DCCX 2018 course description- Day 2

The course will be reversed on Sunday, utilizing the same start, finish, and stairs area in the same direction, but most of the course in a reversed direction. The pit entrances and lane would be run in the non-standard direction but will feature very wide lanes to prevent problems in exchanging bikes or wheels. The course is approximately 3.2km in length and crosses over the starting straight into Pit 1 approximately 1.5km after the start.



Junior races may be started in front of the cross-over for a shortened starting straight.

Prize Schedule for Elite Men and Elite Women C2/C1

Prize schedule will meet UCI payout requirements at the time of the race.

These payout amounts are net and reflect the 2% that the organizers are required to deduct for the Council for the Fight Against Doping (CFAD). There will be no separate payout or podium for the U23 Men and U23 Women racing in the UCI categories.

UCI Points Schedule – C 1/2

Place	Elite Men	Elite Women
1	80/40	80/40
2	60/30	60/30
3	40/20	40/20
4	30/15	30/15
5	25/10	25/10
6	20/8	20/8
7	17/6	17/6
8	15/4	15/4
9	12/2	12/2
10	10/1	10/1
11	8/x	8/x
12	6/x	6/x
13	4/x	4/x
14	2/x	2/x
15	1/x	1/x

Prize Schedule for the other races:

Cat 1/2/3/4 Master Men 40+: Medals or Merch (3 Deep)
Cat 1/2/3/4 Master Men 50+: Medals or Merch (3 deep)
Cat 1/2/3/4 Master Men 60+: Medals or Merch (3 Deep)
Cat 2/3 Men: Merch (3 Deep)
Cat 4 Men: Medals or Merch (3 Deep)
Cat 5 Men: Podium (3 Deep)
Cat 3/4 Women: Medals or Merch (3 Deep)
Cat 1/2/3/4 Master Women 45+ (3 Deep)
Cat 4/5 women: Podium (3 Deep)
Elite 9-18 Men: Podium (3 Deep)
Amateur 9-18 Men: Podium (3 Deep)
Amateur 9-18 Women: podium (3 Deep)

Feeding: Note that feeding during competition is generally prohibited. However, if the temperature is above 20 degrees C (68 degrees F), the Chief Commissaire MAY authorize feeding during a race. If feeding is permitted it must be done in the Pit lane, but is not allowed during the first two and final two laps of the race.

Lapped Riders in UCI Events (UCI Rule 5.1.051): All riders lapped before the final lap must leave the race the next time they cross the finish line. The rider will be given a placing if he or she was lapped more than half way through the race. A rider who is lapped on the final lap shall be stopped at the beginning of the finishing straight line and shall be given a placing on the basis of his or her position. Additionally, Commissaires may pull riders who are behind by more than 80% of the leaders lap time.

Lapped Riders in Non-UCI Events: Lapped riders will finish on the same lap as the leaders. Riders in danger of being lapped must yield to oncoming racers and are not to interfere with their progress or trail behind them.

Pit

There will be one double-sided pit on the course. Only authorized personnel are allowed access to the pit and must have their pit pass displayed at all times. Pit passes will be distributed at registration to each competitor (one per entrant) in UCI events (Elite Men, Elite Women).

In non-UCI events only those working the pit will be allowed. The pit official will have the authority to remove anyone that is interfering with the proper functioning of the pit.

We will have bike racks in the Pit. These are for racers that are currently racing, not for storing your equipment all day. Please remove your equipment immediately following your race to make room for others.

UCI Bike washdown will be approximately 25m from the pit with two pressure washers available.

Equipment

No flat bars or tires wider than 33mm will be allowed in UCI events (Elite Men, Elite Women). Officials will check tires in the holding pen prior to the start of the UCI races. NO FAT BIKES WILL BE ALLOWED ON COURSE, NO EXCEPTIONS. We encourage elite (non-UCI) racers to adhere to the spirit of the discipline.

Anti-Doping

Anti-doping is under the control of USADA in accordance with UCI regulations. The location of the anti-doping area will be noted on site.

Race Timing

Electronic chip timing will be provided by Race Works Timing
Results will be updated regularly at <http://www.raceworkstiming.com/>
during the event: scroll down to the Results window, and click on DCCX

Medical/First Aid

A registered **EMT** will be on site, with a table set up **adjacent to registration** tent in the main venue area. The race venue is less than a mile south of the Washington Hospital Center (110 Irving St NW, Washington, DC 20010).

Directions to Washington Hospital Center: Exit the Armed Forces Retirement Home through the Randolph st. gate and turn left onto Rock Creek Church Rd, NW. Bear left onto Park Place, NW. Turn left onto Irving St, NW and follow signs to hospital. **Phone: 1-855-546-1686**

Parking Information and Directions to the Armed Forces Retirement Home

For best results use the following destination address: 324 Rock Creek Church Road NW, Washington, DC 20011. Raceday entrance is across from Randolph St.

All racers and spectators entering the AFRH should be prepared to show a government issued ID for entrance. Please allow extra time for entrance at the security gate and parking. Follow directions to correct parking lot. (see parking descriptions below)

From 270 North of DC

Stay on I-495 ("The Beltway") eastbound. Take exit 31 for Silver Spring. Stay on Georgia Avenue through Silver Spring. Turn left on Randolph Street , Cross Rock Creek Church Road into the AFRH-W "Randolph Gate".

From I-95 North of DC

Stay on I-495 ("The Beltway") westbound. Take exit 27 towards Silver Spring. Merge onto New Hampshire Avenue via exit 28B towards Takoma Park. Turn left onto N Capitol Street, NW. Turn slight right onto Rock Creek Church Road, NW. Randolph gate is located at 324 Rock Creek

Church Road NW, Washington, DC 20011. Turn left at gate across from Randolph St.

From I-95 South of DC

From I-395, stay on it when it ends at New York Avenue. Turn right on New York Avenue. Go two blocks and make a right onto "M" Street. Go to the second traffic light and make a left onto North Capitol St. NW. Continue on North Capitol, pass the sign to the Armed Forces Retirement Home-Washington. At Allison Street, make a left turn. Make another left turn onto Rock Creek Church Road, and make another left into the AFRH-W "Randolph Gate" at Randolph st.

From Annapolis (Route 50)

Take Route 50, which becomes New York Ave. Take the S. Dakota exit. Continue on S. Dakota. Make a left onto Taylor. Continue on Taylor and make a right onto North Capitol Street. At the second stop light turn left on Allison Street. Make another left turn onto Rock Creek Church Road, and make another left into the AFRH-W "Randolph Gate" at Randolph Street, near 324 Rock Creek Church Road NW.

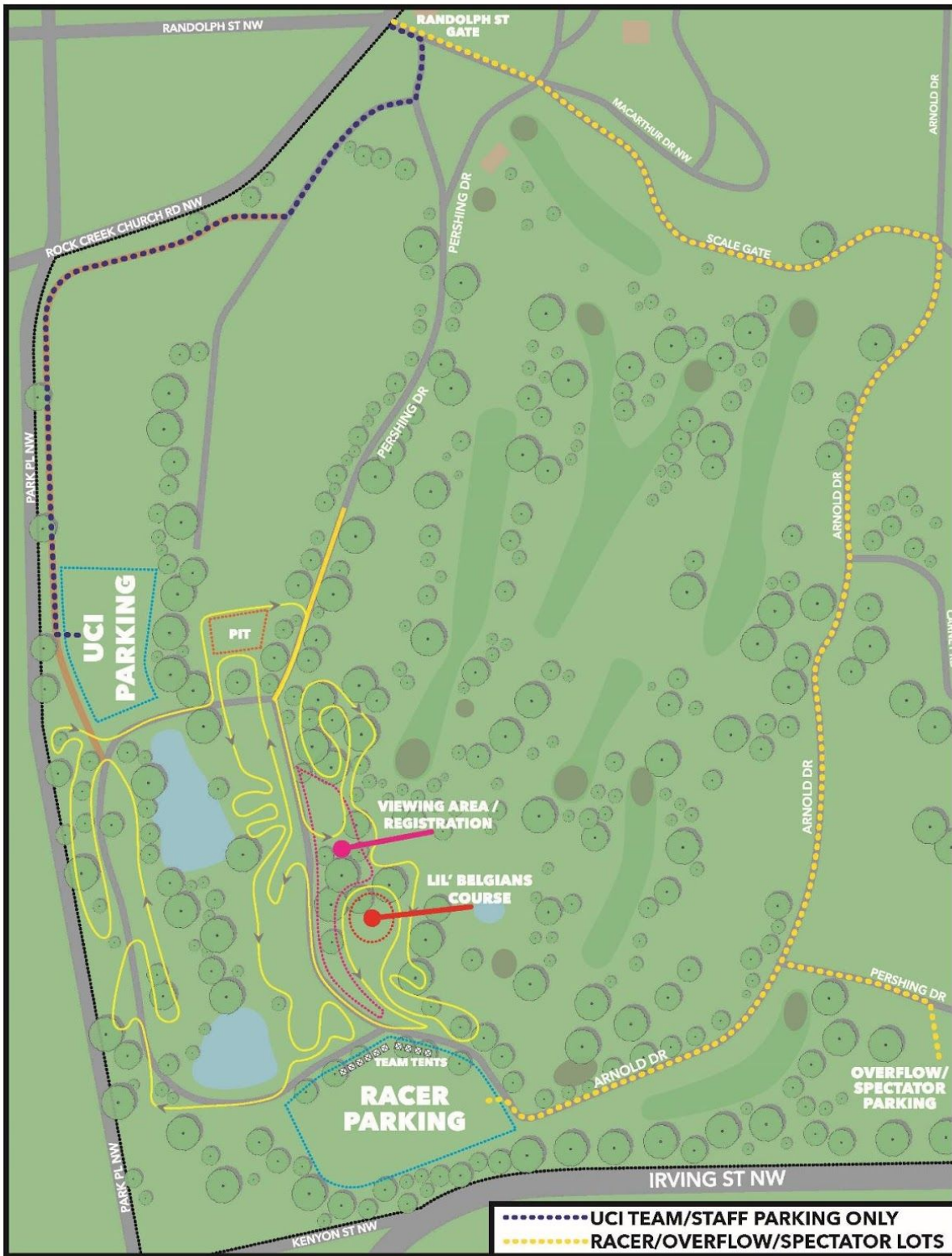
Event parking

There will be 3 lots available for parking (no charge). Please follow signage and direction of volunteers to the proper parking lot. Do not park on the side of the road or in other area of the campus. Parking and campus/event entry is free. PLEASE OBSERVE ALL SPEEDS LIMITS

Lot A- Main lot. Racer parking adjacent to the course (follow yellow-dotted route on map below). Special needs spectators (e.g. elderly or handicapped visitors and families with small children) are encouraged to use this lot, if space is available.

Lot B- UCI-racer parking, race officials, and event staff. Adjacent to the course, closer to the pit and officials tent. Limited to 2 cars per racer- 1 racer, 1 pit mechanic. (Weight restriction for vehicles entering this lot. Follow dark-dotted route on map below)

Lot C- Spectator and racer overflow parking. (follow yellow-dotted route on map below).



- - - - - UCI TEAM/STAFF PARKING ONLY
 - - - - - RACER/OVERFLOW/SPECTATOR LOTS

Team tents

Team tents are allowed ONLY in designated areas. A limited number of reserved tent spaces will be available on the Bikereg.com registration page.

Spectating

DCCX is an excellent venue for spectators with good sight lines of the much of the track from a central location. Registration, food vendors and beverage are located in a central area surrounded by the course. Racers will pass the spectators several times per lap. A variety of food trucks and other food options are available at the venue. All spectators must remain at the race venue and should not walk or bike on the golf course or to the residential area of the campus.

President Lincoln's Cottage is located on the AFRH campus. Spectators interested in touring the cottage are strongly encouraged to make reservations in advance: <http://lincolncottage.org/>

DCCX makes an annual donation to the Friends of the Soldiers Home, an organization that supports the veterans who reside on campus and works to promote the relationship between the AFRH and nearby neighborhoods. Representatives of the Friends of the Soldiers Home will be on hand to escort and honor some of veterans that attend DCCX. See: <http://friendsofsoldiers.org/>

Promoting Event Staff

- Sponsoring Clubs: DCMTB and Crosshairs Cycling
- Event Director: Taylor Jones (Crosshairs Cycling)
- Technical Director and Course Design: Marc Gwadz (DCMTB)
- Promotion /Media Director/Announcing: Bill Schieken (Crosshairs Cycling)
- Registration and permitting: Raul Rojas (DCMTB) and Josh Gorman (Crosshairs Cycling)
- Treasurer and Merchandise sales: Matt Conte and Chris Nekarda(DCMTB)
- Food Coordinator: Mark Drajem (DCMTB)
- Lil Belgians: Joel Gwadz

Commissaires Panel

- President: Tom Nee
- Chief Judge: Brian Adamchuk
- Race Secretary: Mimi Newcastle
- AR: Ixsa Gollihur
- AR: Jim Patton
- AJ: Wayne Lerch
- Apprentice (Saturday only): Theodore Wilson
- Apprentice (Sunday): James Fort

Contracted Services:

- Electronic timing: Robert W. Georgantas (Race Works Timing)
- Racer data/Bikereg page management: Jeff Travis (SpacemanEvent Services)

Past Elite DCCX Champions

Elite Men

2017 Saturday Kerry Werner - Kona Factory Team
2017 Sunday Kerry Werner - Kona Factory Team
2016 Saturday Kerry Werner- Kona Factory Team
2016 Sunday Kerry Werner- Kona Factory Team
2015 Saturday Cameron Dodge
2015 Sunday Cameron Dodge
2014- Saturday Nick Waite- Pro Tested Gear
2014- Sunday Weston Schempf - SEAVS/Haymarket
2013 Nick Waite- Pro Tested Gear
2012 Ryan Dewald- SEAVS/Haymarket
2011 Lukas Winterberg- Philadelphia Cyclocross School
2010 Joe Dombrowski- SEAVS/Haymarket
2009 Ryan Dewald- Battley Harley Davidson
2008 Wes Schempf- C3-Sollay.com
2007 Wes Schempf- C3-Sollay.com

Elite Women

2017 Saturday Arley Kemmerer - Fearless Femme Racing
2017 Sunday Carla Williams - Joe's Bike Shop Racing
2016 Sunday Katie Compton - KFC Racing p/b Trek/Panache
2016 Saturday Katie Compton - KFC Racing p/b Trek/Panache
2015 Saturday Cassandra Maximenko - Van Dessel Factory Team
2015 Sunday Cassandra Maximenko - Van Dessel Factory Team
2014- Saturday Carla Williams - Joe's Bike Shop Racing
2014- Sunday Carla Williams - Joe's Bike Shop Racing
2013 Cheryl Sornson- Team CF
2012 Laura van Gilder - Mellow Mushroom
2011 Laura van Gilder -C3/Mellow Mushroom
2010 Arley Kemmerer - C3-Athletes Serving Athletes
2009 Arley Kemmerer - Hub Racing
2008 Patty Buerkle- Vanderkitten
2007 Betsy Shogren- Fort Factory Team

