



**'CROSS RACING IN THE NATION'S CAPITAL**

presented by DCMTB and Crosshairs Cycling

**Saturday October 22 and Sunday October 23**

Armed Forces Retirement Home  
Washington, DC USA

## **DCCX 2016 – Technical Guide**

Website: [dccxrace.com](http://dccxrace.com)

Email: [dccx@dccxrace.com](mailto:dccx@dccxrace.com)

### **THE EVENT**

2016 marks the tenth anniversary of DCCX and the second year with UCI Elite races. DCCX is the third event in the 2016 BikeReg Super 8 Cyclocross Series. This is a Category 2 UCI and USA Cycling cyclocross event. The event will be held under UCI regulations and USA Cycling (permit #pending). UCI scale of penalties and USAC penalties will apply.

### **Venue**

DCCX is held on the historic grounds of the Armed Forces Retirement Home (AFRH), the site of President Lincoln's Summer Cottage and a residential community for United States veterans since 1851.

### **Spectating**

DCCX is an excellent venue for spectators with good sight lines of the much of the track from a central location. Registration, food vendors and beverage are located in a central area surrounded by the course. Racers will pass the spectators several times per lap. A variety of food trucks and other food options are available at the venue. All spectators must remain at the race venue and should not walk or bike on the golf course or to the residential area of the campus.

Spectators interested in touring President Lincoln's Cottage are strongly encouraged to make reservations in advance at [lincolncottage.org](http://lincolncottage.org). DCCX makes an annual donation to the [Friends of the Soldiers Home](#), an organization that supports the veterans who reside on campus and works to promote the relationship between the AFRH and nearby neighborhoods. Representatives of the Friends of the Soldiers Home will be on hand to escort and honor some of veterans that attend DCCX.

## REGISTRATION

**Online registration** is available at [bikereg.com](http://bikereg.com). Pre-registration closes on Tuesday, October 18, at 11:59 p.m. There is no mail-in registration. No refunds.

Online registration fees (additional fee charged by BikeReg):

UCI Elite events	\$40
U19 Juniors	\$15
U12 Juniors	\$15
All other events	\$35
Lil' Belgians (kids' fun race)	FREE

**On-site late registration** may be available for non-UCI classes in some classes, subject to field size limits. There is a \$10 same-day registration fee (\$5 for juniors). The \$10 same-day fee does not apply to registered racers adding an additional event on race day.

**All UCI racers must pre-register.** One free race entry is available to current BikeReg Super 8 Cyclocross Series Champions and current USA CX National Champions competing in the same category in which she or he is champion.

On-site registration and packet pick-up will open at 7:15 a.m. on each race day. For the UCI races, rider sign-in, license check, number pick-up will begin at 12:15 p.m.

## LICENSING REQUIREMENTS

All racers must have a current cycling license. UCI Elite Men and UCI Elite Women must have a current international license. A domestic USAC license is acceptable for all other categories.

Annual and One Day USAC licenses will be available for sale at registration. *Only Cat 5 Men and Cat 4 Women may race on a one-day license.*

Your cyclocross racing age is your age as of December 31, 2017 (not 2016).

## RACE SCHEDULE (BOTH DAYS)

Start	Category	Duration	Entry	Prizes
8:15 a.m.	Men Cat 5 (Beginner)	35 min	\$35	Merchandise – 3 places
8:16 a.m.	Women Cat 4 (Beginner)	35 min	\$35	Merchandise – 3 places
9:00 a.m.	Masters Men 35+ Cat 3/4/5	40 min	\$35	Merchandise – 5 places
10:00 a.m.	U19 Women	2 laps	\$15	Medals – 5 places
10:01 a.m.	Juniors 13-14 Boys and Girls	2 laps	\$15	Medals – 3 places each
10:02 a.m.	Juniors 11-12 Boys and Girls	2 laps	\$15	Medals – 3 places each
10:03 a.m.	Juniors 9-10 Boys and Girls	2 laps	\$15	Medals – 3 places each
11:00 a.m.	Men Cat 3/4	45 min	\$35	Merchandise – 5 places
11:01 a.m.	U19 Boys	45 min	\$15	Medals – 5 places
12:00 p.m.	Masters Women 45+ Cat 1/2/3/4	40 min	\$35	Merchandise – 3 places
12:01 p.m.	Women Cat 3/4 (Beginner)	40 min	\$35	Merchandise – 5 places
1:00 p.m.	Masters Men 45+ 1/2/3/4	45 min	\$35	\$350 – 5 places
1:01 p.m.	Men 55+ 1/2/3/4/5	45 min	\$35	Merchandise – 5 places
2:15 p.m.	Masters Men 35+ Cat 1/2/3	45 min	\$35	\$350 – 5 places
2:16 p.m.	Singlespeed Cat 1/2/3/4/5	45 min	\$35	Merchandise – 5 places
3:15 p.m.	Women Cat 1/2/3 UCI	45 min	\$40	\$1663 – 20 places
4:15 p.m.	Men Cat 1/2/3 UCI	60 min	\$40	\$1663 – 20 places

At most 140 racers will be allowed on the course per race; for races with combined fields, the field limit applies to the *combined* field, not each individual race. BikeReg will close registration for each of the individual fields within a combined field after the total field limit has been reached.

The course may be open for inspection and warm-up prior to the start of each event, as conditions allow, and subject to the direction of the race officials. The officials will make an announcement when the course has been opened for inspection. Racers will enter the course after the finish line and should not pass racers on the course. Warming up on the course during an event is strictly prohibited and will not be tolerated. All racers should 10 minutes before race start time for staging-late arrivals will be staged at the rear of the grid.

# COURSE DESCRIPTION

DCCX races are on a traditional cyclocross course with pavement, brick, grass, hills, gravel, a man-made barrier, stairs, and one double pit area.

The DCCX course layout is approximately 3.3 km long, plus an additional starting straight of approximately 100 m. The total length of the start is approximately 200 m and at least 6 m wide, using all or part of a paved road (blue track on course map). While on the start, racers pass the finish line/officials (marked "F" on course map), then make a gradual turn to an uphill grass section that runs along the main venue area. Terrain is on an inclined and the track has a series of turns along with elevation changes. After passing the venue area on the uphill side (right on the map), the track enters the "W" section, a series of challenging turns on a steep hill, interspersed with one set of man-made barriers. After a road section and hilly terrain, the racers cross a road to a large, flat pit. The track returns to a hilly section that includes a dusty steep drop and set of stairs that compel riders to dismount, and a series of off-camber turns leading to a road to the back section of the course.

After the road, there is small wooded section with a small. Followed by a series of turns on grass to an extended inclined grass straightaway. In the north end of the back section, there is a series of small, steeper hills and a couple off-camber turns leading to a slight uphill road section. This leads to the 2nd pass thru the pit area and on to the start/finish strip (blue track on the course map) to the finish line.

# 2016 DCCX Course Map



# PRIZE AND POINTS SCHEDULES

## UCI C2 Elite Men and Elite Women

Minimum payout in US dollars; DCCX reserves the right to increase prize payouts. There will be no separate payout or podium for the U23 Men and U23 Women racing in the UCI categories.

Place	Prize (USD)	Points	
		Men	Women
1	\$381.71	40	40
2	\$196.31	30	30
3	\$130.80	20	20
4	\$98.15	15	15
5	\$92.70	10	10
6	\$87.25	8	8
7	\$81.80	6	6
8	\$76.34	4	4
9	\$70.89	2	2
10	\$65.44	1	1
11	\$59.98		
12	\$54.53		
13	\$49.08		
14	\$43.62		
15	\$38.17		
16	\$27.27		
17	\$27.27		
18	\$27.27		
19	\$27.27		
20	\$27.27		
\$1,663.17			

Amounts reflect the 2 percent fee that the organizers are required to deduct for the Council for the Fight Against Doping (CFAD).

## Non-UCI Races

Men Cat 5	Merchandise – 3 places
Women Cat 4	Merchandise – 3 places
Masters Men 35+ Cat 3/4/5	Merchandise – 5 places
Juniors U15 and U12	Medals – 3 places (each race)
Juniors U19	Medals – 5 places (each race)
Men Cat 3/4	Merchandise – 5 places
Masters Women 45+ Cat 1/2/3/4	Merchandise – 3 places
Women Cat 3/4	Merchandise – 5 places
Masters Men 45+ Cat 1/2/3/4	\$350 – 5 places
Masters Men 55+ Cat 1/2/3/4/5	Merchandise – 5 places
Masters Men 35+ Cat 1/2/3	\$350 – 5 places
Singlespeed Cat 1/2/3/4/5	Merchandise – 5 places



# RACING PROTOCOL

## Start Line Protocol

Racers must report to the holding pen behind the starting grid for staging **10 minutes** before the start of their race. Racers who arrive late to the staging area will be staged at the back.

## Call-Up Protocol

All racers will be staged sequentially by race number. Race numbers will be assigned based on the following:

**UCI races** will stage by UCI points (most recently published), order of registration, and promoter's discretion.

**Non-UCI races** will follow Super8 staging procedures ([super8cx.org/rulebook/](http://super8cx.org/rulebook/)). Staging will use published rankings available to [bikereg.com](http://bikereg.com) at the close of registration.

Race with series points/standings: Top 4 registered racers in points list, followed by crossresults.com ranking.

Beginner races (Women Cat 4, Men Cat 5): Order of registration.

*Day-of registrants are staged at the back of the pack (regardless of series standing) in all categories.*

## Race Timing

Electronic chip timing will be provided by [Race Works Grupetto](#).

## Feeding

Note that feeding during competition is generally prohibited. However, if the temperature is above 20 degrees C (68 degrees F), the Chief Commissaire *may* authorize feeding during a race. If authorized, feeding is permitted only in the pit lane and is not allowed during the first two and final two laps of the race.

## Lapped Riders

**UCI Events (UCI Rule 5.1.051):** All riders lapped before the final lap must leave the race the next time they cross the finish line. The rider will be given a placing if he or she was lapped more than half way through the race. A rider who is lapped on the final lap shall be stopped at the beginning of the finishing straight line and shall be given a placing on the basis of his or her position. Additionally, Commissaires may pull riders who are behind by more than 80 percent of the leaders lap time.

**Non-UCI Events:** Lapped riders will finish on the same lap as the leaders. Riders in danger of being lapped must yield to oncoming racers and are not to interfere with their progress or trail behind them.

## Equipment

No flat bars or tires wider than 33 mm will be allowed in UCI events (Elite Men, Elite Women). Officials will check tires in the holding pen prior to the start of the UCI races.

## Pit

There will be one double-sided pit on the course. Only authorized personnel are allowed access to the pit and must have their pit pass displayed at all times. Pit passes will be distributed at registration to each competitor (one per entrant) in UCI events (Elite Men, Elite Women).

In non-UCI events only those working the pit will be allowed. The pit official will have the authority to remove anyone that is interfering with the proper functioning of the pit.

There will be bike racks in the pit. These are for racers that are currently racing, not for storing your equipment all day. Please remove your equipment from the pit immediately after your race to make room for others.

A **bike wash station** will be approximately 25 m from the pit with two pressure washers available.

## Anti-Doping

Anti-doping is under the control of USADA in accordance with UCI regulations. The location of any anti-doping area will be noted on site.

## Medical/First Aid

A registered EMT will be on site, near the event announcer and registration tents. The race venue is less than a mile south of the Washington Hospital Center (110 Irving St NW, Washington, DC 20010).

Directions to Washington Hospital Center: Exit the AFRH (from either the Randolph St entrance or the main gate) and turn left on Rock Creek Church Rd. Bear left on Park Pl. Turn left on Irving St and follow signs to hospital.

## Team Tents

A limited number of reserved tent spaces will be available for reservation online through [BikeReg](#). Team tents are allowed **only** in designated areas. See parking map.



# PARKING INFORMATION AND DIRECTIONS

**Race day entrance** is Rock Creek Church Rd NW & Randolph St NW, Washington, DC, 20011. The main gate ("Eagle") is at Upshur St NW & Rock Creek Church Rd NW.

All racers and spectators entering the AFRH should be prepared to show a government issued ID for entrance. Please allow extra time for entrance at the security gate and parking. Dogs are not allowed on the AFRH property and may be denied entrance.

## Driving directions

### From 270 North of DC

Stay on I-495 ("the Beltway") eastbound. Take exit 31 for Silver Spring. Stay on Georgia Ave through Silver Spring. Bear left on Illinois Ave. Turn left on Randolph St. Cross Rock Creek Church Rd into the AFRH and follow signs to parking.

### From I-95 North of DC

Stay on I-495 ("the Beltway") westbound. Take exit 27 towards Silver Spring. Merge onto New Hampshire Ave via exit 28B towards Takoma Park. Turn left on North Capitol St. Take a slight right on Rock Creek Church Rd. Enter AFRH at Randolph St and follow signs to parking.

### From I-95 South of DC

From I-395, stay on it when it ends at New York Ave. Turn right on New York Ave. Go two blocks and make a right onto M St. Go to the second traffic light and make a left on North Capitol St. Continue on North Capitol, pass the sign to the Armed Forces Retirement Home-Washington. At Allison St, make a left turn. Make another left turn onto Rock Creek Church Rd and make another left into the AFRH at Randolph St and follow signs to parking.

### From Annapolis (Route 50)

Take Route 50, which becomes New York Ave. Take the S. Dakota exit. Continue on South Dakota and make a left on Taylor. Continue on Taylor and make a right onto North Capitol St. At the second stop light turn left on Allison St. Make another left turn onto Rock Creek Church Rd, and make another left into the AFRH at Randolph St and follow signs to parking.

## Event parking

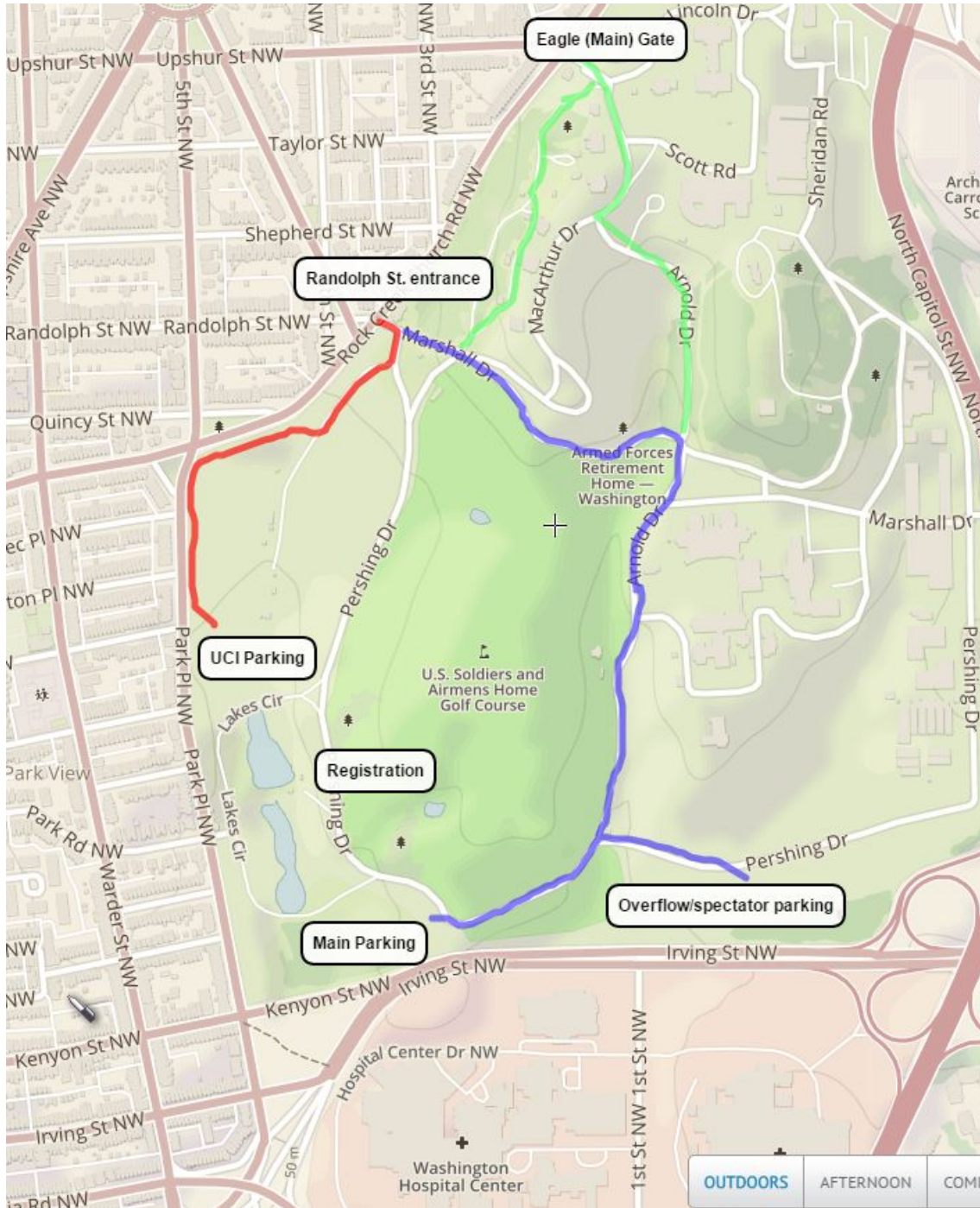
There are 3 lots available for parking. Please follow signs and directions of volunteers to the proper parking lot. Do not park on the side of any road or in other area of the campus. Parking and campus/event entry is free. Observe all posted speed limits.

**Main lot.** Racer parking is adjacent to the course; follow the [blue](#) track from Randolph St.

**UCI-racer parking and race officials.** Adjacent to the course, closer to the pit and officials tent; follow the [red](#) track from Randolph St. Space is limited to 2 cars per racer (1 racer, 1 pit mechanic). There is a weight restriction for vehicles entering this lot.

**Spectator and overflow parking.** Follow the [blue](#) track on map.

# 2016 DCCX Parking Map



Green track indicates path to main "Eagle" gate.

## Event Staff

**Sponsoring Clubs:** Team DCMTB and Crosshairs Cycling

**Event Director:** Taylor Jones (Crosshairs Cycling)

**Technical Director and Course Design:** Marc Gwadz (DCMTB)

**Promotion/Media Director/Announcing:** Bill Schieken (Crosshairs Cycling)

**Volunteer Coordination:** Raul Rojas (DCMTB)

**Registration and permitting:** Dave Vannier (DCMTB)

**Treasurer and co-registrar:** Chris Nekarda (DCMTB)

**Food Coordinator:** Mark Drajem (DCMTB)

**Lil' Belgians:** Joel Gwadz and Ron Edwards (DCMTB)

## Commissaires Panel

**PCP (UCI):** Cynthia Smith

**Asst. Chief Referee:** Steve Stone

**Secretary:** Mimi Newcastle

**Chief Judge:** Wayne Lerch

**Asst. Referee:** Brian Adamchuck

**Asst. Judge:**

**Asst. Judge:**

## Past DCCX Elite Champions

### Men

2015 Day 1 Cameron Dodge

2015 Day 2 Cameron Dodge

2014 Day 1 Nick Waite

2014 Day 2 Wes Schempf

2013 Nick Waite

2012 Ryan Dewald

2011 Lukas Winterberg

2010 Joe Dombrowski

2009 Ryan Dewald

2008 Wes Schempf

2007 Wes Schempf

### Women

Cassandra Maximenko

Cassandra Maximenko

Carla Williams

Carla Williams

Cheryl Sornson

Laura van Gilder

Laura van Gilder

Arley Kemmerer

Arley Kemmerer

Patty Buerkle

Betsy Shogren